

Finally we will be looking at being responsible. This will include what to do with our worries and concerns and how to ask for help. The children will learn to value themselves and those around them.

All of the above areas will be taught through careful discussions and activities, where the children's self-esteem goes hand in hand with accurate information as well as where/ when they can go to get more information at their level. Our aim is to ensure the children grow up to be able to be proud, confident, happy children who know it is ok to ask for help and advice.



St George's PSHE curriculum 2016



During this term we are going to be learning about how we can be healthy, how we can make (and keep) friends, how we grow up and change as well as how we can keep ourselves safe.

At St George's Primary School, we aim to teach the children about themselves, their surroundings, who they can turn to for advice and how to make good choices. Below are some examples of the areas we will be covering. If you have any questions, please feel free to come and talk to the class teachers who will be able to discuss the lessons in more detail.

Year 6

During this term we will be working with the children to develop their knowledge of drugs. We will be thinking about the effects of drugs and how drugs can be grouped (painkillers, sedatives, stimulants, etc.). We will consider the problems and risks associated with drug abuse and will develop our understanding of those who rely on drugs for various reasons. In line with this topic, the children will develop strategies for dealing with peer pressure and peer influence.

We will also be thinking about the physical changes that will happen during adolescence. Children will identify the changes that happen during puberty for both girls and boys and will discuss ways of dealing with these.

Year six children will also be identifying the main stages of reproduction and the human life cycle.

The children will think about why they need to keep safe and how they could keep safe. This will include safety online, at school and road safety. Children will also investigate personal space and their entitlements.

We will be helping the children to understand the term 'grooming'. We will talk about grooming a pet and how it makes you feel before relating this to the grooming of a child and how somebody can make you feel. Children will be made aware that the word Grooming is the word that the police use to describe what happens and will be taught what to do if they feel they are being groomed.

They will develop their knowledge of finance through thinking about banking, budgeting and shopping. They will also look into the use of mobile phones and the costs associated with such products.

As part of this the children will think about their futures and their career prospects.

During PSHE sessions the children will be encouraged to think about healthy lifestyles and making healthy choices. In preparation for secondary school they will understand the importance of taking responsibility for themselves and maintaining health.

The children will look at different relationships and how to 'move on' and make new friends.

There will be a meeting for parents, where children can share work that they have done on staying safe on the

Internet as well as having a look at the activities that children will complete during their puberty talks.

