

We will begin to understand the concept of trust, and demonstrate awareness of which adults we can go to for help. Children will also begin to develop an understanding of risk, and how they can get support. Using puppets and role play children will begin to understand what makes people healthy, and that some people use medicines to make them better. We will learn about safety rules and identify how to get help.

All of the above areas will be taught through careful discussions and activities, where the children's self-esteem goes hand in hand with accurate information as well as where/ when they can go to get more information at their level. Our aim is to ensure the children grow up to be able to be proud, confident, happy children who know it is ok to ask for help and advice.



St George's PSHE curriculum 2016



During this term we are going to be learning about how we can be healthy, how we can make (and keep) friends, how we grow up and change as well as how we can keep ourselves safe.

At St George's Primary School, we aim to teach the children about themselves, their surroundings, who they can turn to for advice and how to make good choices. Below are some examples of the areas we will be covering. If you have any questions, please feel free to come and talk to the class teachers who will be able to discuss the lessons in more detail.

Year R

One of the prime areas of learning in the Early Years Foundation Stage is Personal, Social and Emotional development (PSED). This involves giving children opportunities to develop a positive sense of themselves, and others; to form positive relationships and develop respect for others; to develop social skills and learn how to manage their feelings; to understand appropriate behaviour in groups; and to have confidence in their own abilities.

During the year, children work towards an Early Learning Goal for PSED. This will be done by using various topics alongside Key Stage 1. We will use 'circle time' activities to allow all children the opportunity to speak openly about their feelings. This is

a special time for sharing thoughts, and children are encouraged to listen to others.

A major part of our PSHE curriculum is focused on developing interpersonal, communication and problem solving skills, which are all strongly linked to the EYFS curriculum. We will encourage and support children to begin to understand the difference between right and wrong, and why there is a need for rules in the classroom. They will learn in an environment where it is OK to make mistakes. They will be encouraged to talk about themselves and recognise their likes and dislikes, and begin to understand similarities and differences between themselves and others.

Children will learn what a friend is, and begin to realise the value of friendship. This will enable children to begin to understand how their actions can affect others.

They will be encouraged to consider sad feelings associated with having no one to play with. Through various role play activities we will begin to learn



about how money comes from different sources and how it can be used.